## Getting Warm Gone Wrong: How Bad is My Burn?

### **First Degree**

What it means: Only the top layer of skin is affected

What it looks like: The top layer of skin is red and painful

What might cause it: Splashing a cup of hot tea

#### **Second Degree**

What it means: The first and second layers of the skin are affected

What it looks like: Skin looks wet or moist and blisters may form

What might cause it: Making contact with a hot stove burner

#### **Third Degree**

What it means: All three layers of skin are affected

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What it looks like: Skin is black, white, or red with a leathery appearance

What might cause it: Being caught in a fire

#### **SOURCE:** National Institute of General Medical Sciences

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