

Palliative Care Consultation



- STEP 1:** Learn as much as possible about the patient's medical history and treatment options.
- STEP 2:** Schedule a time to talk that is good for the patient and whoever is supporting them. Make sure you will not be interrupted.
- STEP 3:** Address any symptoms the patient might be experiencing: pain, difficulty breathing or sleeping, etc.
- STEP 4:** Ask open-ended questions to determine what they understand about their condition and treatment plan, as well as how much they want to know.
- STEP 5:** Answer any questions about their care and share information they might not already have.
- STEP 6:** Give the patient time to process the information, sometimes in silence.
- STEP 7:** Find out more about the patient personally to make sure they get the best possible care: What is most important to them? Do they have any religious or spiritual beliefs or any cultural preferences that their care team needs to be aware of? Who is their support system?
- STEP 8:** Make a plan for any treatments or care the patient will need and schedule a follow-up appointment.