

Features of migraine and chronic migraine

MIGRAINE

0 to 14



Headache frequency

0 to 14 days per month

Diagnosis

At least 5 migraine attacks over the course of a lifetime

CHRONIC MIGRAINE

**15
or more**



Headache frequency

15 or more days per month

Diagnosis

A history of 15 or more headache days a month, at least 8 with migraine characteristics, for at least 3 months

MIGRAINE SYMPTOMS AND CHARACTERISTICS

- Headache pain on one side
- Pulsating feeling
- Moderate to severe pain intensity
- Pain that gets worse with physical activity
- Nausea and/or vomiting
- Sensitivity to lights, sounds, or smells

SOURCE: International Classification of Headache Disorders, 3rd edition